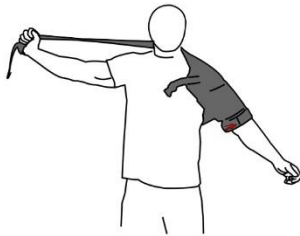


Grasp trainer by the long buckle strap with your right hand and place your left arm through the opening.

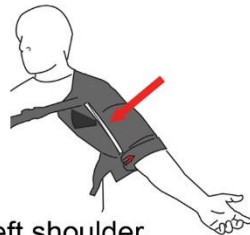
Pull trainer onto left shoulder using strap.



Pull strap up and behind your head as you extend your right arm. Wrap strap under your right shoulder and buckle strap across chest.



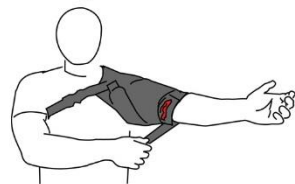
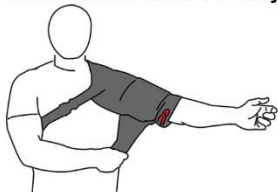
Adjust trainer so that simulated vessel (under Velcro flap) is oriented along the inside of your left bicep aligning with brachial artery. Pull trainer as high as possible onto shoulder.



Fold Velcro flap up and secure under your left shoulder.

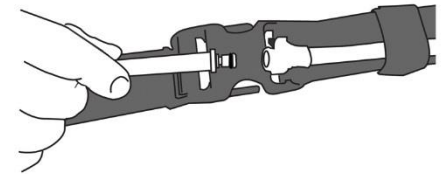
Tighten Velcro strap at your left elbow.

Tighten chest buckle and re-adjust Velcro straps to secure trainer.



Fill 1 liter squeeze bottle with TrueClot Blood Simulant and attach screw on cap.

Attach squeeze bottle tubing to Tourniquet Application Trainer using quick release fitting on chest strap.



Squeeze bottle with gentle pressure to start blood flow through the wound on the trainer.

Apply a training tourniquet around trainer, above the bleeding wound but below the arm pit.

Turn windlass until bleeding stops. It should take at least 3 turns (540°) of the windlass before bleeding stops. Continue to apply gentle pressure on squeeze bottle.

DO NOT OVER PRESSURIZE BOTTLE OR DAMAGE TO VESSEL TUBING COULD OCCUR.

Cleaning and storage

To clean the Tourniquet Application Trainer, flush squeeze bottle and tubing with water until all simulated blood is removed.

Rinse wound and fabric with water and thoroughly air dry before storing.